



# **AAROHAN**

HEALTHCARE SERVICES

**TRAINING PROGRAMS**

MARCH 2018

# Contents

---

01

Leadership Courses

---

02

Nursing Courses

---

03

Soft Skills Courses

---

04

Specialty Programs

---

05

Train the Trainers



# **LEADERSHIP COURSES**

## Accelerated Leadership Program (ALP)

<b>Program Overview</b>	3 days simulation based workshop to initiate nurses into entry level leadership roles
<b>Target Audience:</b>	Team Leaders and Unit In Charges
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	An interactive session woven around the chosen topics, delivered in practical and relevant manner built on simulation principles

### Objectives:

1. Identify strengths and areas to improve through self assessment
2. State the responsibilities of a team leader under the umbrella of transformational leadership
3. State the importance of grooming and professionalism for a leader
4. Appreciate the importance of effective communication skills
5. Learn methods of building a cohesive and patient centric team
6. Learn efficient management of staff, machine, materials, money and methods
7. Nursing sensitive quality indicators - Basics of data and using numbers for effective management

### Day 1

Topic	Methodology/Activity
Introduction and expectations	Discussion
Self Assessment - Unit Leadership Skills	Discussions
Grooming and Professionalism - Is this critical?	Discussion, PowerPoint Presentation, Video
Transformational Leadership and Being a TL in a nursing unit	Discussion, PowerPoint Presentation, Video
Effective Communication Skills	PowerPoint Presentation, discussion and Role plays
Assertiveness	PowerPoint Presentation, discussion and activities
Handling Difficult conversations	PowerPoint Presentation, discussion and activities
Situational Leadership -ownership and accountability	Case Studies and discussion

### Day 2

Topic	Methodology/Activity
Recap of Previous Day	Discussion
Balancing Customer Centricity - Internal and External	Discussion, PowerPoint Presentation, Activities
Handling customer complaints - Using it for improvement	Discussion, PowerPoint Presentation, Activities
Building efficient teams	Discussion, PowerPoint Presentation, Activities
Giving and Receiving feedback for staff improvement	Discussion and Role Plays
Essential documentation of a leader	Discussion and Activity
Managing duty roster, leave plan and assignments	Discussion and Activity
Importance of a just culture for better outcomes	Case Studies and discussion

### Day 3

Topic	Methodology/Activity
Recap of Previous day	Discussion
Basics of Managing Inventory - Money in Hand	Discussion, PowerPoint Presentation, Activities
Maintaining interdepartmental relationships	Discussion and Role Plays
What to report? When to report?	Activity and Discussion
Being the in charge of your shift/ of your unit - Managing Crises	Case Studies and discussion
Creating healthy work environment	Activity
Feedback on workshop and wrap up	Role Play & Debriefing



## Nurse Leaders Boot Camp

<b>Program Overview</b>	2 days workshop to augment the leadership skills of chosen nurse leaders
<b>Target Audience:</b>	Nurses
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	An interactive session woven around the chosen topics, delivered in practical and relevant manner

### Objectives:

1. Align the nurse leaders' role to organizational vision, mission and values
2. Transformational Leadership
3. Effective Communication Tools
4. Developing cohesive and productive team
5. Giving and Receiving Feedbacks
6. Self Assessment and Self Development Plan

### Day 1

Topic	Methodology/Activity
Introduction and expectations	Discussion
Review Self Assessment	Discussions
Pre Assessment - Purposeful Leadership Rounds	Role Play
Organizational Vision, Mission and Values - Impact of Nurse Leadership	Discussion, PowerPoint Presentation, Video
Effective Communication Tools	PowerPoint Presentation, discussion and Role plays
Managing Difficult Conversations	PowerPoint Presentation, discussion and Role plays
Customer Centric Non-Negotiable Behaviors	Group Activity and discussion
Wrap Up and Getting ready for next day	Group Activity and discussion

### Day 2

Topic	Methodology/Activity
Recap of Previous Day	Discussion
How team work helps?	Discussion, PowerPoint Presentation, Video
Building a safe and healthy work environment	Discussion and Activity
Action Items to build a healthy work environment	Discussion and Role Plays
Giving and Receiving feedback	Discussion and Role Plays
Agree on assignments and Projects	Discussion and Activity
Post Assessment - Same team as Pre Assessment	Role Play & Debriefing

The background of the entire image is a light gray field with a repeating pattern of small, light gray triangles pointing in various directions. In the lower half of the image, there is a large, solid yellow rectangle. Inside this yellow rectangle, the words "NURSING" and "COURSES" are written in a bold, black, sans-serif font, stacked one above the other.

# **NURSING COURSES**

## Nurse Induction Program

<b>Program Overview</b>	9 days immersive learning inclusive of behavioral and functional skills
<b>Target Audience:</b>	Nurses
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	An interactive learning woven around the critical touch points of nurses with patient and family, delivered in practical and relevant manner in addition to the critical functional skills required for all nurses

### Objectives:

1. Align their role to organizational vision, mission and values
2. Grooming and Telephone Etiquettes
2. Reflect on customer centricity and its barriers
3. Communication - Verbal and Non-Verbal
4. Role Play Effective communication tools - AIDET, ISBART, Read Back, Check Back, Call Out
5. Role play preventing and managing irate internal and external customers - Managing Up and BLAST
6. Common Procedures - Admission, Transfer, Discharge, Shift Handover, Medication Administration, Preparing Patients for procedures
7. Patients Rights and Safety
8. Basic Infection Prevention Practices including ANTT and HAI prevention Bundles
9. Common Nursing Procedures

### Day 1

Topic	Methodology/Activity
Introduction and expectations	Discussion
Pre Assessment - One Role play	Role Play & Assessment with Tool
Organizational Vision, Mission and Values - Impact on customer centricity	Discussion, PowerPoint Presentation, Video
Effective Communication Tools	PowerPoint Presentation, discussion and Role plays
Managing irate customers	PowerPoint Presentation, discussion and Role plays
Customer Centric Non-Negotiable Behaviors	Group Activity and discussion
Wrap Up and Getting ready for next day	Group Activity and discussion

### Day 2

Topic	Methodology/Activity
Recap of Previous Day	Discussion and Role Play
How team work helps?	Discussion, PowerPoint Presentation, Video
Practicing customer centricity in critical patient contacts	Discussion and Role Plays
Admission, Transfer, Discharge	Discussion and Role Plays
Before procedures and medications	Discussion and Role Plays
Reducing Call Bells	Discussion and Role Plays
Patients Rights	Discussion and Scenarios with ppt

### Day 3

Topic	Methodology/Activity
Infection Control – General Overview	Discussion, PowerPoint Presentation, Video
ANTT	Discussion, PowerPoint Presentation, Video
HAI Prevention Bundles	Discussion and activity
PLABSI Bundle	Discussion and activity
CLABSI Bundle	Discussion and activity
CAUTI	Discussion and activity
SSI Bundle	Discussion and activity
Wound Care - Opening sets aseptically	Discussion and activity
BMW Management and Prevention of NSI	Discussion and activity
HAPU and Fall Prevention Bundles	Discussion and activity
Care of Vulnerable Patients	Discussion and activity
International Patient Safety Goals	Discussion and activity

#### Day 4

Topic	Methodology/Activity
Oxygen therapy- Nasal prongs, Oxygen mask, venturi mask, Ambu Bag, NRM	Procedure Demo and RD using OSCE Checklist
Tracheal care and Tracheotomy Suctioning	Procedure Demo and RD using OSCE Checklist
Assisting for intubation	Procedure Demo and RD using OSCE Checklist
Care of ICD's	Discussion on domain competencies
5th vital Sign: Pain Management	Discussion and activity
Documentation	Discussion and activity

#### Day 5

Topic	Methodology/Activity
Drug and IV fluid calculation ( Adult )	Discussion and activity
Medication safety - High Alert Medicines ( Insulin and Heparin), LASA, Narcotics	Discussion and activity
Administration of medication ( PO, IV )	Discussion and activity
IV Infusion best practices	Discussion and activity
Blood Transfusion and managing transfusion reaction	Discussion and activity
Preventing Medication Errors	Discussion and activity
IV Cannulation, Collection of samples using vacutainers, Order of draw	Procedure Demo and RD using OSCE Checklist
Collection of Blood Culture	Procedure Demo and RD using OSCE Checklist

#### Day 6

Topic	Methodology/Activity
Urinary catheterization	Procedure Demo and RD using OSCE Checklist
Catheter care	Procedure Demo and RD using OSCE Checklist
Urine Culture from U.Catheter	Procedure Demo and RD using OSCE Checklist
Enema(Proctoclysis)	Discussion and activity

#### Day 7

Topic	Methodology/Activity
NGT insertion	Procedure Demo and RD using OSCE Checklist
Enteral Feeding- NG tube feeding, Gastrostomy feeding	Procedure Demo and RD using OSCE Checklist
Blood Glucose monitoring	Discussion and activity
Care of drains	Discussion and activity
Glasgow Coma Scale	Discussion and activity

#### Day 8

Topic	Methodology/Activity
Code Blue Management	Procedure Demo and RD using OSCE Checklist
Simulation - Code Blue Management and Documentation	Simulated scenarios
Recognizing deteriorating patients	Discussion and activity
Care of Dead	Discussion
Pending Practical	Discussion and activity

#### Day 9

Topic	Methodology/Activity
Pending Practical	Procedure Demo and RD using OSCE Checklist
Documentation Practice	Simulated scenarios

Procedures

IV Cannulation and blood sampling with vacutainers  
Central Line Dressing  
Central Line Accession  
NGT Insertion  
NGT Feeding  
Urinary Catheterization  
Catheter Care

## Nurse Refresher Program

### Day 1

Topic	Methodology/Activity
Professionalism	Discussion, Power Pont, Activity
Effective Communication Tools in Hospitals	AIDET,ISBART,Read Back, Call Out and Check Back,BLAST
Customer Centric Non-Negotiable Behaviors	Non Negotiable Behaviors

### Day 2

Topic	Methodology/Activity
How team work helps?	Discussion, PowerPoint Presentation, Video
Practicing customer centricity in critical patient contacts	Use of communication tools
Admission,Transfer,Discharge	Audit Tool, Identifying patients
Before procedures and medications	Discussion and Role Plays
Reducing Call Bells	Hourly Round Audit Check list
Patients Rights	Case studies

### Day 3 & 4

Topic	Methodology/Activity
Infection Control – General Overview	Review of Basics
ANTT	Aseptic Non Touch Technique Demonstration
Hand Hygiene	HH steps and 5 moments of HH
PLABSI Bundle	Ppt and activity
CLABSI Bundle	CDC Guidelines
CAUTI	CDC Guidelines
SSI Bundle	CDC Guidelines

### Day 5

Topic	Methodology/Activity
BMW Management and Prevention of NSI	BMW Activity Sheet and discussion
HAPU and Fall Prevention Bundles	HAPU and Fall Prevention Bundle, Braden Scale, Morse Scale
Care of Vulnerable Patients	Main Points
International Patient Safety Goals	IPSGs

### Day 6 & 7

Topic	Methodology/Activity
Oxygen therapy- Nasal prongs, Oxygen mask, venturi mask,Ambu Bag,NRM.	Procedure Demo and RD using Checklist
Tracheal care and Tracheotomy Suctioning	Procedural Check List
Assisting for intubation	Activity sheet
Care of ICD's	Activity Sheet
5th vital Sign: Pain Management	Activity Sheet
Documentation	What to take care? Use sample forms

### Day 8

Topic	Methodology/Activity
Drug and IV fluid calculation ( Adult )	Activity sheet
Medication safety - High Alert Medicines ( Insulin and Heparin), LASA, Narcotics	Assignment
Administration of medication ( PO,IV )	Activity Sheet
IV Infusion best practices	Activity Sheet



Day 9	
Topic	Methodology/Activity
Blood Transfusion and managing transfusion reaction	Activity Sheet
Preventing Medication Errors	5 why sheet
IV Cannulation, Collection of samples using vacutainers, Order of draw	Procedural check list
Collection of Blood Culture	Procedural Check list

Day 10	
Topic	Methodology/Activity
Urinary catheterization	Procedural check list
Catheter care	Procedural check list
Urine Culture from Catheter	Procedural check list
Scenarios related to Urological patients	Discussion and activity

Day 11	
Topic	Methodology/Activity
NGT insertion	Procedural check list
Enteral Feeding- NG tube feeding, Gastrostomy feeding	Procedural check list
Blood Glucose monitoring	Procedural check list
Care of drains	Activity Sheet - 5 why sheet
Glasgow Coma Scale	Handout

Day 12	
Topic	Methodology/Activity
Basic Life Support	Procedure Demo and RD using Checklist
BLS in hospital setting	Simulated scenarios

Day 13	
Topic	Methodology/Activity
Code Blue Management	Code Blue Check list
Simulation - Code Blue Management and Documentation	Simulated scenarios

Day 14	
Topic	Methodology/Activity
Recognizing deteriorating patients	Critical Thinking in action
Early Warning Signs	Simulated scenarios

Day 15, 16 & 17	
Topic	Methodology/Activity
Post Test	Written test
Pending Practical	Simulated scenarios

Day 18	
Topic	Methodology/Activity
Remedial Session	Written and Practical
Wrap Up	

<b>Procedures</b>	IV Cannulation Sampling via vacutainer Central Line Dressing Central Line Accession NGT Insertion NGT Feeding	Urinary Catheterization Catheter Care IM Injection Blood C/S collection Urine C/S from u catheter Tracheostomy Suction
<b>Recognizing deteriorating patients</b>	Hypoglycaemia Changes in Vital Signs I/O Chart - Finding the fluid balance - TURP irrigation	Chest pain Breathing Difficulty  Post op Bleeding
<b>Written Tests</b>	1 Summative Test - Pre and Post 4 Formative Assessments - Pre and Post	



# **SOFT SKILLS COURSES**

## Customer Centricity - Nurses

<b>Program Overview</b>	2 days workshop on finding ways to improve the customer centricity in day to day interactions with patient and family
<b>Target Audience:</b>	Nurses
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	An interactive session woven around the critical touch points of nurses with patient and family, delivered in practical and relevant manner

### Objectives:

1. Align their role to organizational vision, mission and values
2. Reflect on customer centricity and its barriers
3. Communication - Verbal and Non-Verbal
4. Role Play Effective communication tools - AIDET, ISBART, Read Back, Check Back, Call Out
5. Role play preventing and managing irate internal and external customers - Managing Up and BLAST
6. Agree on 5-8 customer centric behaviors

### Day 1

Topic	Methodology/Activity
Introduction and expectations	Discussion
Pre Assessment - One Role play	Role Play & Assessment with Tool
Organizational Vision, Mission and Values - Impact on customer centricity	Discussion, PowerPoint Presentation, Video
Effective Communication Tools	PowerPoint Presentation, discussion and Role plays
Managing irate customers	PowerPoint Presentation, discussion and Role plays
Customer Centric Non-Negotiable Behaviors	Group Activity and discussion
Wrap Up and Getting ready for next day	Group Activity and discussion

### Day 2

Topic	Methodology/Activity
Recap of Previous Day	Discussion and Role Play
How team work helps?	Discussion, PowerPoint Presentation, Video
Practicing customer centricity in critical patient contacts	Discussion and Role Plays
Admission, Transfer, Discharge	Discussion and Role Plays
Before procedures and medications	Discussion and Role Plays
Reducing Call Bells	Discussion and Role Plays
Post Assessment - Same team as Pre Assessment	Role Play & Assessment with Tool

## Customer Centricity - Frontdesk Staff

<b>Program Overview</b>	2 days workshop on finding ways to improve the customer centricity in day to day interactions with patient and family
<b>Target Audience:</b>	Front desk and patient welfare staff
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	An interactive session woven around the critical touch points of nurses with patient and family, delivered in practical and relevant manner
<b>Objectives:</b>	
1. Align their role to organizational vision, mission and values	
2. Reflect on customer centricity and its barriers	
3. Communication - Verbal and Non-Verbal	
4. Role Play Effective communication tools - AIDET, ISBART, Read Back, Check Back, Call Out	
5. Role play preventing and managing irate internal and external customers - Managing Up and BLAST	
6. Managing Multiple Customers	
7. Agree on 5-8 customer centric behaviors	
<b>Day 1</b>	
<b>Topic</b>	<b>Methodology/Activity</b>
Introduction and expectations	Discussion
Pre Assessment - One Role play	Role Play & Assessment with Tool
Organizational Vision, Mission and Values - Impact on customer centricity	Discussion, PowerPoint Presentation, Video
Effective Communication Tools	PowerPoint Presentation, discussion and Role plays
Managing irate customers	PowerPoint Presentation, discussion and Role plays
Customer Centric Non-Negotiable Behaviors	Group Activity and discussion
Wrap Up and Getting ready for next day	Group Activity and discussion
<b>Day 2</b>	
<b>Topic</b>	<b>Methodology/Activity</b>
Recap of Previous Day	Discussion and Role Play
How team work helps?	Discussion, PowerPoint Presentation, Video
Practicing customer centricity in critical patient contacts	Discussion and Role Plays
Admission, Transfer, Discharge	Discussion and Role Plays
Attending multiple customers	Discussion and Role Plays
Immersive Learning via scenarios	Discussion and Role Plays
Post Assessment - Same team as Pre Assessment	Role Play & Assessment with Tool

## Customer Centricity - Doctors

<b>Program Overview</b>	1 day workshop on finding ways to improve the customer centricity in day to day interactions with patient and family
<b>Target Audience:</b>	Doctors
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	It will be a compact interactive session woven around the critical touch points of doctors with patient and family
<b>Objectives:</b>	
1. Align their role to organizational vision, mission and values	
2. Reflect on customer centricity and its barriers	
3. Communication - Verbal and Non-Verbal	
4. Role Play Effective communication tools - AIDET, ISBART, Read Back, Check Back, Call Out	
5. Role play preventing and managing irate internal and external customers - Managing Up and BLAST	
6. Breaking Bad News - SPIKES	
<b>Day 1</b>	
<b>Topic</b>	<b>Methodology/Activity</b>
Introduction and expectations	Discussion
Pre Assessment - One Role play	Role Play & Assessment with Tool
Organizational Vision, Mission and Values - Impact on customer centricity	Discussion, PowerPoint Presentation, Video
Communication - Verbal and Non-Verbal	Discussion, PowerPoint Presentation, Video
Effective Communication Tools	PowerPoint Presentation, discussion and Role plays
Managing irate customers	PowerPoint Presentation, discussion and Role plays
Breaking Bad News	Group Activity and discussion
Wrap Up and Agreements	Group Activity and discussion



## Customer Centricity - Support Staff

<b>Program Overview</b>	1 day workshop on finding ways to improve the customer centricity in day to day interactions with patient and family
<b>Target Audience:</b>	Support Staff
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	It will be compact interactive session woven around the critical touch points of the participants with patient and family
<b>Objectives:</b>	
1. Align their role to organizational vision, mission and values	
2. Reflect on customer centricity and its barriers	
3. Communication - Verbal and Non-Verbal	
4. Role Play with engaging dialogue scripts	
5. Role play managing irate customers	

### Day 1

Topic	Methodology/Activity
Introduction and expectations	Discussion
Pre Assessment - One Role play	Role Play & Assessment with Tool
Organizational Vision, Mission and Values - Impact on customer centricity	Discussion, PowerPoint Presentation, Video
Communication Verbal and Non-Verbal	Discussion, PowerPoint Presentation, Video
Engaging with patients and families in their daily duties	PowerPoint Presentation, discussion and Role plays
Managing irate customers	PowerPoint Presentation, discussion and Role plays
Putting it all together - Immersive Learning	Role Plays
Wrap Up and Agreements	Group Activity and discussion



# **SPECIALTY PROGRAMS**

## Specialty Nurse Program - ICU

<b>Program Overview</b>	6 days immersive learning of 5 critical domains of ICU
<b>Target Audience:</b>	Nurses
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	An interactive learning woven around the critical 5 domains, delivered in practical and relevant manner

### Objectives:

1. Infection prevention and Morbidity and Mortality in ICU
2. Able to understand common modes of adult mechanical ventilation
3. Able to care for a patient on ventilator
4. Shift handovers in ICU
5. Able to care for central and arterial lines
6. Able to interpret basic arrhythmias
7. Able to interpret ABG results - basic
8. Able to position patients correctly in ICU
9. Demonstrate ETT suction, Central Line dressing and accessions

### Day 1

Topic	Methodology/Activity
Infection Control in ICU - Relationship to mortality and morbidity	Discussion, power point presentation
Environmental Cleaning	Discussion, power point presentation
Care of equipment	Discussion, PowerPoint Presentation, Video
Hand Hygiene and ICU patients	PowerPoint Presentation, discussion
Documentation in ICU	PowerPoint Presentation, discussion

### Day 2

Topic	Methodology/Activity
Adult mechanical ventilation - Care of patient	Discussion, PowerPoint Presentation
Basic Principles	Discussion, PowerPoint Presentation
Modes of ventilation & Alarms Management	Discussion, ppt and Activities
Complications and its prevention	Discussion, ppt and Activities
Prevention of VAP - VAP Prevention Bundle	Discussion, ppt and Activities
Documentation	Discussion, ppt and Activities

### Day 3

Topic	Methodology/Activity
Understanding Central Lines and Arterial Lines	Discussion, PowerPoint Presentation, Video
Importance of line care and interpreting numbers	Discussion, PowerPoint Presentation
Preventing infection in invasive lines	Discussion, ppt and Activities
CLABSI Prevention Bundle	Discussion, ppt and Activities
Accessing central lines	Demonstration and discussion
Accessing arterial lines	Demonstration and discussion
Return Demonstrations	Activity

Day 4	
Topic	Methodology/Activity
Understanding ECG waveforms and measurement of intervals	Power point and activities
Basic Arrhythmias - Ectopic and Premature beats, Af,AF,VT,VF,Asystole, TdP, Ventricular Standstill, EMD/PEA	Power point and activities
Defibrillation and Cardioversion	Power point and activities
Review of Arrhythmias	Power point and activities
Basics of ABGs	Power point and activities
Interpretation of ABGs	Discussion and activity

Day 5	
Topic	Methodology/Activity
Any pending topics and demonstrations	Discussion and activity
Shift Handover in ICU	Activity and roleplay on scenarios
Positioning Patients in ICU	Activity and roleplay on scenarios
Return demonstration on	
1. ETT suction	
2. Central Line Accession for Meds and samples	
3. Central Line dressing	

Day 6	
Topic	Methodology/Activity
Pending return demonstration	Using Procedural OSCE Check list
Immersive learning for critical thinking and decision making	Scenarios based on domains covered
Way Forward - On Job Immersive Learning Experience(OJILE)	Discussion and activity

Pre and Post Test	Inf Control in ICU	Max 20 questions
Mini Tests	Care of patient on ventilator	Max 20 questions
	Care of Central Lines and Arterial Lines	Max 20 questions
	Arrhythmias and ABGs	Max 20 questions

## Basic Infection Control Practices

<b>Program Overview</b>	1 day interactive workshop
<b>Target Audience:</b>	Nurses, Doctors, other paramedical staff in direct patient care
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	An interactive session woven around the chosen topics, delivered in practical and relevant manner built on simulation principles

### Objectives:

1. Describe chain of infection and how does infection spread in hospitals and other care sites
2. List the key areas to focus on preventing infections
3. Demonstrate the correct method of hand hygiene using soap and water and hand rub
4. Describe what is Aseptic Non Touch Technique
5. Handling lines and tubes without giving infection
6. Handling sterile items and linen
7. List the correct method of bio medical waste management

**9am to 6pm**

Topic	Methodology/Activity
Introductions and Pre test	Activity, paper and pen based test
Chain of infection and Cross Infection	Discussion, PowerPoint Presentation, Video
Key areas to focus on preventing infections	Discussion, PowerPoint Presentation, Video
Importance of hand hygiene	Discussion, PowerPoint Presentation, Video
How to achieve hand hygiene compliance	PowerPoint Presentation, discussion and Role plays
Use of Personal Protective Equipment	PowerPoint Presentation, discussion and activities
Aseptic Non Touch Technique (ANTT)	PowerPoint Presentation, discussion and activities
Handling Lines and Tubes	PowerPoint Presentation, discussion and activities
Environmental Cleaning and decontamination	PowerPoint Presentation, discussion and activities
Bio Medical Waste Management & Sharps Injury	PowerPoint Presentation, discussion and activities
Post Test and Certificate distribution	Paper and Pen Test





# **TRAIN THE TRAINERS**

## TTT - IMOT - Innovative Methodologies Of Training

<b>Program Overview</b>	3 days simulation based workshop to augment the influential training skills of nurse educators
<b>Target Audience:</b>	Nurse Educators and Trainers
<b>Medium of Interaction</b>	English and Hindi
<b>Key USPs of the program:</b>	An interactive session woven around the chosen topics, delivered in practical and relevant manner

### Objectives:

1. Identify different learning styles
2. State the functions and processes of learning and training
3. Evaluate different innovative approaches to training in a hospital setting
4. Appreciate the importance of training each individual so each one gets the essence of training
5. Work effectively with a range of learner groups.
6. Design, deliver and evaluate training programmes that are relevant to organization, staff and patients
7. Develop and implement appropriate assessment methods

### Day 1

Topic	Methodology/Activity
Introduction and expectations	Discussion
Self Assessment - Learning Styles	Discussions
Pre Assessment - Purposeful Training	Role Play
Basic Concepts of Adult Learning	Discussion, PowerPoint Presentation, Video
Role of a trainer/educator	PowerPoint Presentation, discussion and Role plays
Training Need Analysis and identifying gaps	PowerPoint Presentation, discussion and activities
Design of relevant learning interventions	PowerPoint Presentation, discussion and activities
Management of training space and learners	PowerPoint Presentation, discussion and activities

### Day 2

Topic	Methodology/Activity
Recap of Previous Day, Finalizing Topic of return demonstration	Discussion
Preparing for training delivery	Discussion, PowerPoint Presentation, Activities
Delivery and Assessment	Discussion, PowerPoint Presentation, Activities
Post training evaluation	Discussion, PowerPoint Presentation, Activities
Giving and Receiving feedback , Effective Debriefing	Discussion and Role Plays
Igniting critical thinking	Discussion and Activity
Effective use of props and Trainer for simulation	Role Play & Debriefing

### Day 3

Topic	Methodology/Activity
Review of Trainer Assessment Tool	Discussion
Return Demonstration by each participant for 10 minutes each	Demonstration
Peer review and Trainer Feedback	Instructor Led Debriefing
Reflective writing by self viewing of recorded demonstration	Activity and Discussion
Tips for making effective presentations	Power point presentation and demonstration
Personal Developmental Plan	Activity
Feedback on workshop and wrap up	Role Play & Debriefing



## GET IN TOUCH

---

### **AAROHAN HEALTHCARE SERVICES LLP**

Corporate Office #2734-SP, Golf Course Extension Road  
Sector-57, Gurgaon, Haryana-122003

Email : [support@aarohanhealthcare.com](mailto:support@aarohanhealthcare.com)

Website : [aarohanhealthcare.com](http://aarohanhealthcare.com)